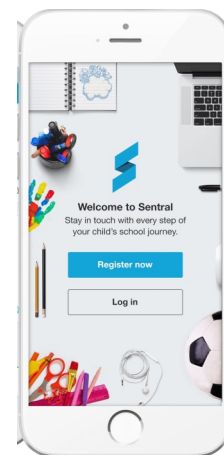





# SENTRAL Parent Portal

## LEUMEAH PUBLIC SCHOOL



Sentral Parent Portal and the App are now available. With approximately 90% of our community signed up for the Parental Portal we can effectively communicate and keep you informed of all school activities. From Term 3 we will no longer be using the Skoolbag App or accepting student absences through the phone message system as this can all be done through Sentral. By downloading the Sentral App to your phone, you will have easy access to all the information at your fingertips.

To login on to the Parent Portal go to <https://web1.leumeah-p.schools.nsw.edu.au/portal2/#!/login> or click on this link [Sentral Parent Portal Login](#). You can then link your children to your App through  **My Access**.

The image displays two screenshots of the Sentral Parent Portal. The left screenshot shows the website's home page for Leanne PRITCHARD, logged in as Kylie. The right sidebar lists navigation options: Home, Absences, Newsletters, Daily Notices, Parent Teacher Interviews, School Resources, School Forms, My Details, My Access, Help & Information, Links, and Logout. The main content area shows a 'Home Feed' with posts about Parent Teacher Interviews and an announcement about the Sentral Parent Portal App. The right sidebar lists 'Upcoming Events' and 'Student Activity'. The right screenshot shows the mobile app interface, displaying a 'Web portal' screen with a menu, home feed, and student summary tabs. The app also shows upcoming events and student activity.

On both the Portal and the App you will have access to the following:

- ◆ Any notices or information that the school would like you to know through the Home Feed.
- ◆ You can see any upcoming events that are on the school calendar.
- ◆ You can see your child's attendance and send absence explanations.
- ◆ Have access to our School Newsletters.
- ◆ Book in Parent Teacher Interviews.
- ◆ In School Resources you will find any notes or documents that are relevant to Parents.
- ◆ In Links you will see our School Calendar that you can see any planned activity for the year. \*Please note; due to this new function we will no long be sending printed term calendars home.

**Please note!**



will no longer be in use from Term 3.





# Leumeah Public School

## Fortnightly Newsletter

Week 10, Term 2, 2018

### Upcoming Events

#### WEEK 1

**MON 23/7** Staff Development Day

**TUE 24/7** Students return for Term 3  
School Banking

**WED 26/7** Maths Olympiad

**FRI 27/7** P & C -5c Fund Raiser

#### WEEK 2

**MON 30/7** Student Leaders -  
Wooglemai Excursion

**TUE 31/7** School Banking  
ICAS English

**WED 1/8** OC Placement test

#### PAYMENT DUE

### From the Principal's Desk

Dear Parents and Caregivers

As we reach the end of first semester I would like to take this opportunity to thank you for your ongoing support. Every day I am amazed at the wonderful work done by staff, students, parents and caregivers at LPS to ensure a happy, safe and innovative learning environment for students. I hope you have time to rest and enjoy the winter break. We look forward to students returning on Tuesday 24.7.18!

#### Thank you to:

- The P&C and school community, for their generosity in supporting our mufti day to raise money for Steven Hall to be a State basketball representative. The community raised \$647 to assist with expenses including travel, accommodation and registration.
- Miss Styles who has been a working casually at LPS for the last five weeks as the classroom teacher for 3/4O and releasing teachers for other duties. We welcome Mrs Thompson back to 3/4O.
- Mrs Freeman who has been undertaking SASS library duties during the last semester. Mrs Freeman has been very effective in assisting us to meet new library stocktake arrangements. We wish her all the very best for the future.
- Parent, students and teachers for attending P&T Interviews this week. It is a wonderful opportunity to share student success and progress and to set goals for next semester. The P&C supported a cool winter's evening with hot chocolate, tea, coffee and cakes. Along with the second hand uniform shop they raised \$400. Mr Stephens's class had the most interviews with 26 of the 30 parents attending interviews!

#### Congratulations to:

- Kelahze, Faith, Ilir and Taryn; Mitchell, Zac and Luke in 5/6X for their amazing presentation using the app Scratch Junior. This involved coding and providing a safety message for floods and bush fires.
- Gemma, Eldda, Zoyal, Dahal and Bisma in 5/6X used Book Creator and Popplet to give very detailed and beautifully presented finished products for their work on Natural Disasters
- Jacob and Joe in 5/6V for their work on Natural disasters during Guided Inquiry.

**Welcome to:**

- Miss Lam who will be the classroom teacher for the remainder of the year for 5/6V while Mrs Henderson is on leave. Miss Lam will work four days in term three. The fifth day will be taken by Mrs Pizarro. Miss Lam will be the classroom teacher five days a week in term 4. We welcome both ladies to LPS and wish Mrs Henderson well.
- Mr Mark Walters who will be the classroom teacher for Miss Draper for the remainder of the year while she is on leave. We wish Miss Draper the very best and welcome Mr Walters to the LPS team.
- Mrs Lisa Stephens to the SASS Library role. Mrs Stephens will be employed in this role as we have reduced funding for her and other current SLSOs next semester.
- Mr Garry Dean who is the new crossing supervisor. Mrs Parker did not return from her original leave. I would like to thank Lynne for her commitment to the LPS community and wish her well in her retirement. We look forward to working with Garry into the future.

Kind regards

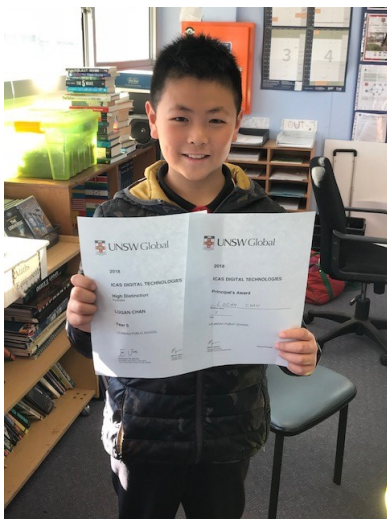
**Kerry Wood**

## ICAS Digital Technologies Competition

Results from the 2018 ICAS: Digital Technologies competition were announced this week at Leumeah Public School. Students represented the school incredibly well again this year, with a large percentage of distinctions and high distinctions awarded to students from Years 3-6.

A special congratulations goes to Logan of 5/6S for being awarded the 2018 ICAS: Digital Technologies Principal's Award.

Well done to all students involved! Watch this space for results from the remaining five ICAS competitions throughout the year.



**Joshua Stephens**  
ICAS Co-ordinator

## From the Deputy Principal's desk

Wow! I cannot believe that half a year has passed already this year.

This week we have celebrated learning with reports going home and parent-teacher interviews. Producing reports to a professional standard and meeting with parents is quite a process and I thank the teachers for their efforts during this time. Thank you also to families who made the time to come and meet with their child's teacher to follow up further information about their capabilities as learners.

### Omegle

A community member has recently contacted the school in regards to this free chat platform, which is available in both web-based and application forms. It requires no registration (through the website) and randomly pairs users into one-on-one chat sessions with complete strangers.

It is strongly recommended that any identifying information, such as names and photographs are not shared on the service. This protects users from the strangers they are communicating with. When identifying information is shared, this opens users up to potential unwanted messaging and internet trolls.

Users are required to be over 13 years of age to access and parental permission is recommended for users under 18 years of age. As we are a primary school, none of our students should be accessing Omegle. However, we have been made aware, that some of our students may be.

For further information about Omegle and to make an informed decision about the service go to the following website: <https://www.esafety.gov.au/esafety-information/games-apps-and-social-networking/omegle>.

If you know of someone who has been exposed to inappropriate content through any online forms, you are urged to contact the police or the Office of eSafety Commission: <https://www.esafety.gov.au/complaints-and-reporting>.

### Highlights of this term:

- Working with 1/2H and I and 1/2D and G with Miss Roach to teach Guided Inquiry and Geography. I have enjoyed; getting to know students as learners, team-teaching and learning from Miss Roach and using new technology and applications to engage learners. Students worked in small groups to produce books about areas within the school, the features of, activities you can do in the area, how we care for it and how we can make it better. I am continually amazed at how quickly students are able to learn new technologies and capabilities of applications that I did not know about.
- Working with 3/4L (for a few weeks), 3/4M (all term) and 3/4N (for a few weeks) and Mrs Croman to teach Guided Inquiry and Geography. I heard students present about explorers, then we researched about heritage listed sites in Australia. Students have worked in small groups to determine, why the area is special and who is interested in it. It has been wonderful to engage with students about their learning about these special parts of Australia.
- Spending a few days with 5/6V until Miss Lam was able to join them. Students demonstrated that they are willing, collaborative and respectful learners. They were supportive of me to learn their routines. The other Stage 3 teachers were very helpful in sharing the learning programs to ensure that was the focus for 5/6V.
- Reading reports K-2. I was proud of the progress made by all students and the efforts of their teachers to ensure that they are achieving their best.
- Spending some time in KA during reading groups and learning about sloths.
- Meeting with Mrs Bull and Mrs Bates and Miss Roach and Mrs Matthews to discuss learners in KB and 1/2I. I was privileged to be a part of such professional conversations to deeply understand syllabus content and continuums to develop high quality differentiated programs for our students. It is such an honour to work with committed practitioners.

I wish all of our families all the best for the holiday period. I look forward to a seeing everyone back next term.

*Kristy Hill*





## Woolworths Earn and Learn

In 2017 we asked students and families to send in their Woolworths Earn and Learn sticker sheets. Through your support we earned almost 39,000 points that we used to update some of our play, sport and reading resources. Our items arrived this term and are shown below. Students will begin using the equipment in the library, during play times and in other class activities from next week.



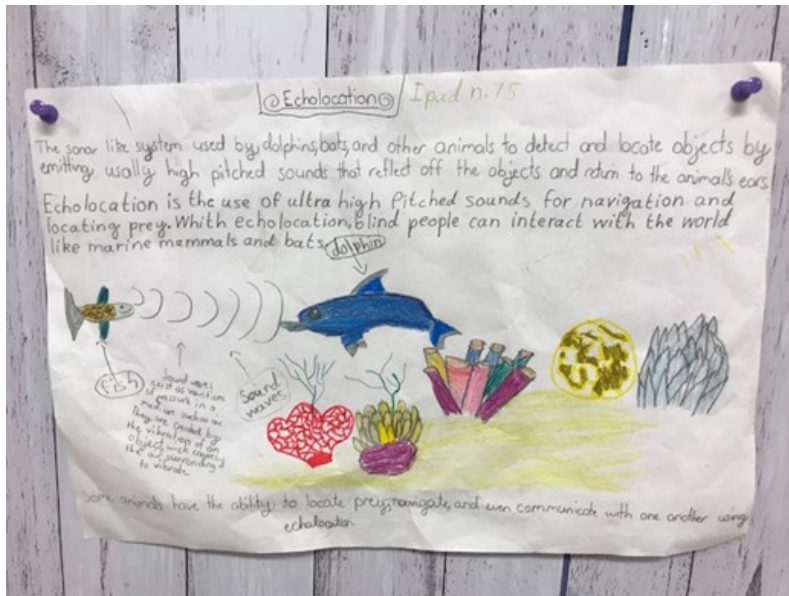
## PSSA News - Urgent

**Attention: Parents who attend PSSA GALA Day to watch their children compete.**

We have been asked by the PSSA co-ordinator, to remind all parents to please make sure that they stay within "fenced areas"!

## 3/4P STEM Work

This term, 3/4P have been working hard learning about different types of communication technology and there uses in everyday life within S.T.E.M. Through their multiple intelligence groups, they have learnt about coding, animals and how they communicate, how music effects the brain, surveys and data collecting. Students have done amazing work and are looking forward to presenting all they have learnt with two other classes later this week.



22.5.18 Lesson 4 5/6 B		
Option	Number of People	Frequency
5/6 A Facebook	11	more than hour 11
5/6 W Instagram	11	more than hour 11
5/6 X Twitter	11	more than hour 1 or 2 hours 11
Musically	11	11
Snapchat	11	Every day 11
Skype	11	11

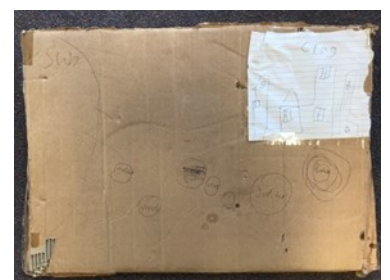
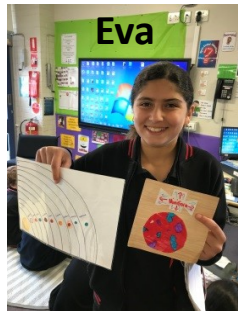
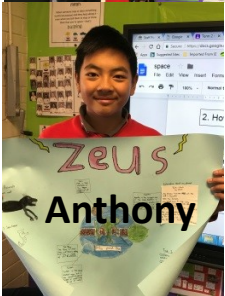
22.5.18 Data	
In 5/6 W four students use Facebook for more than one hour. 13 people use Instagram, one uses it for less than one hour, 7 students use it for 5 hours and 5 students use it for 2 hours. 3 people use twitter and they all use it for 30 minutes a week.	
In 5/6 A two students use Facebook for more than an hour, 11 students use Instagram and 4 use it for more than one hour. 7 student use twitter and 2 people use twitter for more than one hour.	



# 5/6W Homework Presentations

In Science, 5/6W has been studying the unit *Earth and Space*. We have enjoyed learning about our planet Earth and all of the interesting objects found in the Solar System.

For homework this term we were busy completing a project that involved us creating our own planet. We have been presenting our projects in class and the effort that everyone has put in has been amazing!



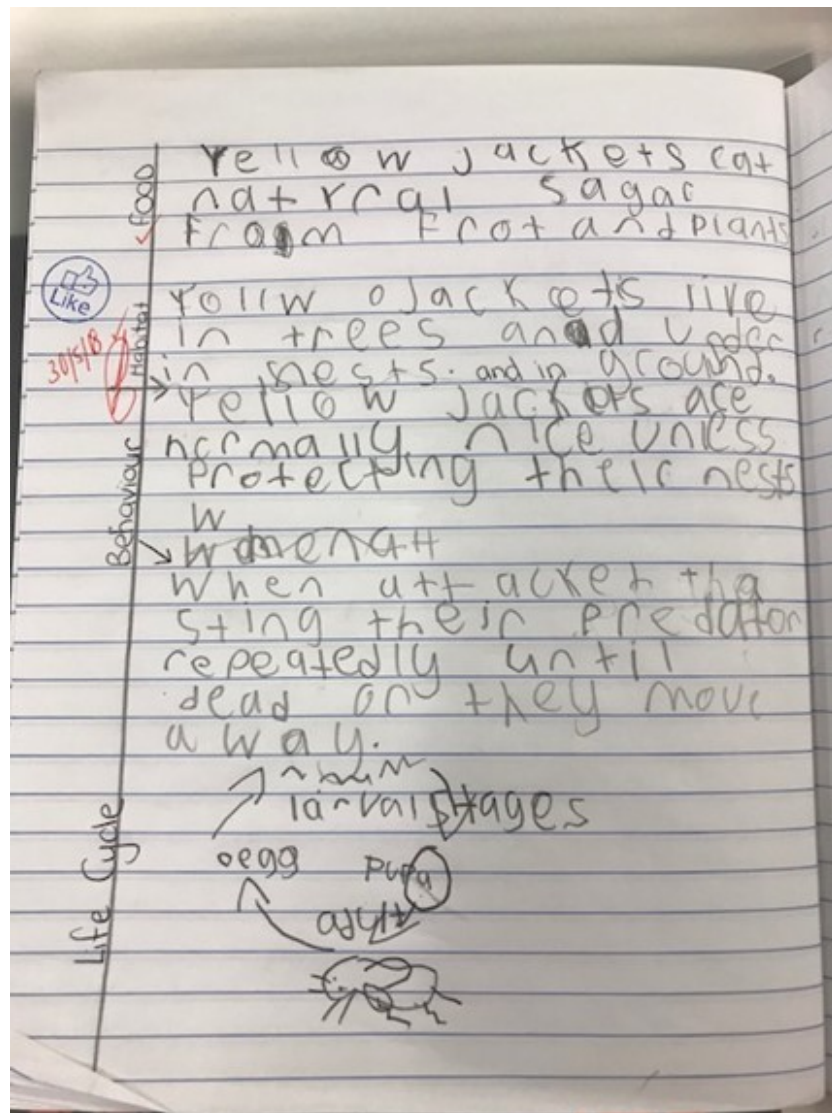




# Our Deadly Stars

Logan has been working hard researching and discovering all he can on Yellow-Jacket wasps during our writing time in 3/4P. He has researched their habitats, behaviours, life cycles and food choices. Logan is now up to publishing his information, including photos and diagrams, so that he can present it to the class later this term.

Logan 3/4P





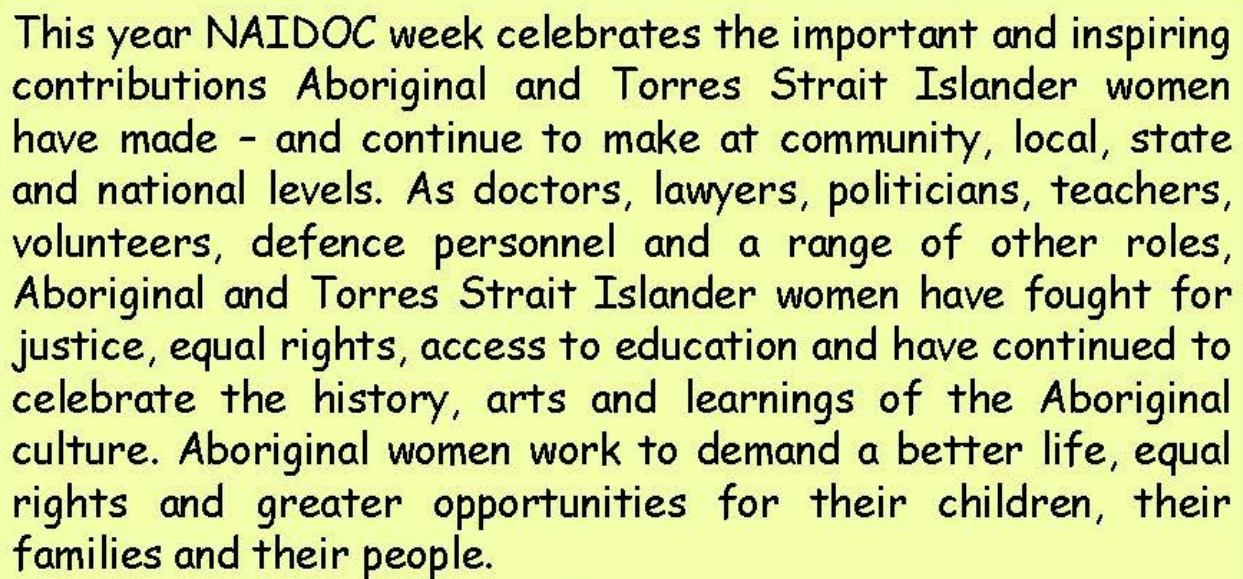


8-15 JULY 2018





## Stars







## Celebrating NAIDOC week at LPS...



### Term 2 LARC Day

Last Tuesday, students from Leumeah High School and Ruse Public School attended Leumeah Public School as we hosted our first LARC session. The focus was on building cultural relationships with our local schools while learning and engaging in cultural activities. The students met in our yarning circle to talk about our day and share some stories. Thank you to Mrs Hambley who presented an artefact talk where stage students learned about traditional aboriginal materials and tools and their uses. Students participated in traditional Indigenous Games before cooking lemon myrtle cakes. The focus of the day was to learn more about and share the Aboriginal culture, make positive connections with other Aboriginal students from our local school area and most importantly have fun! Thank you to Mrs Lemeki, Mrs Margaret Hall and Miss Purches for their support with the event.

Mrs Maytom







## Celebrating NAIDOC week at LPS continued...



### NAIDOC Week Community Afternoon

Thank you to all who joined us for the NAIDOC Week Community Afternoon on Wednesday, 27 June 2018. LPS was buzzing as groups of students, parents and caregivers walked around the school and learnt about some truly amazing Aboriginal and Torres Strait Islander women. Each class created their display in response to this year's NAIDOC Week Theme *Because of Her, We Can!* The vibrant and colourful displays, not only told some inspiring stories, but also created much discussion as the children eagerly moved from one classroom to the next!

Mrs Evans







## Celebrating NAIDOC week at LPS continued...



### *Knowledge Sharing Workshops*

Our Aboriginal Stage 3 students shared their learning about Aboriginal artefacts with all LPS K-6 students, as they moved from class to class delivering their presentation. All students enjoyed learning about this aspect of the Aboriginal culture. Our presenting Aboriginal students displayed amazing leadership and cultural respect as they proudly presented their work shops. Mrs Maytom



### *Personalised Learning Pathways (PLP) Afternoon*

It was exciting to have so many of our families join us after school for afternoon tea and a chat about their child's learning. Teachers, parents and caregivers and students reflected on Personalised Learning Plans and goals from Semester 1. We are looking forward to working together throughout the remainder of 2018! Mrs Evans

### *Because of her, I can!*

#### **Poem by 3/4M**

Aboriginal People  
Semi-Nomadic,  
Protective, Brave  
Hunting, Creating,  
Withstanding  
Traditional Owners of  
Australia.  
Survivors.







## Primary Ethics classes

Helping children develop skills for life

Primary Ethics' program gives children the opportunity to discuss ethical issues with their peers while developing important thinking, reasoning and discussion skills. Our innovative curriculum was developed by Dr Sue Knight, a specialist in both philosophy and education. Primary Ethics is a not-for-profit organisation approved to provide ethics education in NSW public schools.

### Ethics in the infant years

Ethics classes in years k-2 focus on developing core skills such as listening to others, taking turns to speak and giving reasons.

Stories, poems and rhymes prompt children to discuss ethical issues such as hurting someone without meaning to, telling the truth, being kind, forgiving, ownership, fairness and empathy.

Our skills-based topics for this age group include asking and answering questions, disagreeing, changing your mind, working out what is true, giving and evaluating reasons as well as giving examples and counter examples. Logic is also introduced, with topics touching on inductive inference and deductive reasoning.

### Ethics in the primary years

In years 3-6, ethics students develop their critical thinking and discussion-based skills.

Stories, contemporary issues and real life scenarios form the basis of discussions on ethical issues such as selfishness, how we should treat living things, promises, greed, friendship, cheating, voting, punishment, homelessness, teasing and fairness in society.

Skills-based topics for this age group include respectful disagreement, inferring or figuring things out, validity, generalising, proving claims, structuring arguments, identifying incorrect conclusions, identifying faulty reasoning, evaluating the strength of evidence and thinking about thinking. Primary aged students are encouraged to develop their community of inquiry skills by asking each other well thought out questions and challenging each other's arguments.

Questions? Call 02 8068 7752 or email [info@primaryethics.com.au](mailto:info@primaryethics.com.au)



Primary Ethics Limited is a registered charity ABN 29147194349  
Suite 406, 24-30 Springfield Avenue Portra Point NSW 2011 Australia



### Enrolling your child

Ethics classes run weekly during the school year within the Special Religious Education/Special Education in Ethics (SRE/SEE) timeslot.

Primary Ethics classes are free of charge.

If you'd like your child to attend ethics classes, advise the school office via a note or email. Your child can start as soon as an ethics teacher is available and a minimum of eight students have enrolled in a class.

### Getting involved

Ethics classes are taught by specially trained volunteers who are mostly parents or carers. Becoming an ethics coordinator or ethics teacher can be a very rewarding way to be involved in your school community. Volunteer ethics teachers are always needed to ensure that there are adequate classes to meet demand. Experience is not required, comprehensive training and access to lesson materials is provided.

**Primary**  
ETHICS





Waranwarin Early Learning Centre - Vacation Care  
105 Townson Avenue Minto NSW 2566 P: 02 9820 7447

#### Program Information

Vacation Care program is for families who are working or studying or families who may qualify for CCB/CCR.



	Monday 9 <sup>th</sup> July 2018	Tuesday 10 <sup>th</sup> July 2018	Wednesday 11 <sup>th</sup> July 2018	Thursday 12 <sup>th</sup> July 2018	Friday 13 <sup>th</sup> July 2018
Wk 1 2018	NAIDOC Campbelltown City Council  Venue: Bradbury Oval  8am - 4:30pm  Lunch: Lunch, snacks & drinks to be bought from home.  Cost: FREE	NAIDOC Camden Council  Venue:  9am - 4:00pm  Lunch: Lunch, snacks & drinks to be bought from home.  Cost: FREE	NAIDOC TOUCH FOOTBALL EVENT  Venue: Benham Oval Minto  8am - 4pm  Lunch: Lunch, snacks & drinks to be bought from home.  Cost: FREE	NAIDOC Tharawal Aboriginal Corporation  Venue: Kevin Wheatley Oval  8am-4pm  Lunch: Lunch, snacks & drinks to be bought from home.  Cost: FREE	NAIDOC DAY      CENTRE CLOSED
Wk 2 2018	16 <sup>th</sup> July 2018      CENTRE CLOSED STAFF TRAINING	17 <sup>th</sup> July 2018 Rouse Hill House in Lego  Venue: Rouse Hill House and Farm  8am - 4pm  Lunch: Sausage Sizzle provided, snacks & drinks to be bought from home.  Cost: \$15	18 <sup>th</sup> July 2018 Mega Mini Golf  Venue: Campbelltown  8am-4pm  Lunch: Lunch, snacks & drinks to be bought from home.  Cost: \$12	19 <sup>th</sup> July 2018 Bunnings Workshop and Movies  Venue: Bunnings Campbelltown and Movies at centre  9am - 4pm  Lunch: Lunch, snacks & drinks to be bought from home.  Cost: FREE	20 <sup>th</sup> July 2018 Snow Time In The Garden  Venue: Hunter Valley Gardens  8am - 5:30pm  Lunch: Lunch, snacks & drinks to be bought from home. Children must wear snow appropriate clothing.  Cost: \$20

Wk 3 2018	23 <sup>rd</sup> July 2018 Sydney Wildlife World  Venue: Darling Harbour  9am-4pm  Lunch: Lunch, snacks & drinks to be bought from home  Cost:\$20				
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#### Please note:

- Vacation Care is provided during all hours that the Centre is open 7.30am-6.00pm.
- All booked days must be paid for whether your child attends or not.
- Pre-payment of activities will be preferred, however we will accept payment on the day.
- Our day trips are planned to leave and return to the centre at the times indicated, please check daily so that your child does not miss out.
- Parents/ Carers are to send children with a healthy lunch and snacks for each day their child/ren are attending the centre unless lunch is provided.

1



Waranwarin Early Learning Centre - Vacation Care  
105 Townson Avenue Minto NSW 2566 P: 02 9820 7447

#### Permission Form

Vacation Care program is for families who are working or studying who may qualify for CCB/CCR.



Waranwarin Early Learning Centre are offering vacation care for working families or families that may require this service. Vacation Care does occur a fee of \$75.00 per day. However this cost is reduced when Child Care Subsidy is applied. In addition to this cost any vacation care activities that occurs a cost will be paid for by the family on the day of the activity or before. All days and activities booked must be paid for.

#### Parent/Guardian Details:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_  
(M) \_\_\_\_\_ Email: \_\_\_\_\_

#### Child/ Children's Details:

Child One:  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Days Attending  
Week 1 9<sup>th</sup> - 12<sup>th</sup> July Mon Tue Wed Thurs  
Week 2 17<sup>th</sup> - 20<sup>th</sup> July Tue Wed Thurs Fri  
Week 3 23<sup>rd</sup> July Mon

Child Two:  
Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Days Attending  
Week 1 9<sup>th</sup> - 12<sup>th</sup> July Mon Tue Wed Thurs  
Week 2 17<sup>th</sup> - 20<sup>th</sup> July Tue Wed Thurs Fri  
Week 3 23<sup>rd</sup> July Mon

#### Parent/ Guardian Authorisation

- ☐ I give permission for the child/children listed above to attend the indicated excursions.
- ☐ I authorise educators in charge to consent to my child/children receiving emergency medical attention if deemed necessary as outlined in my child's enrolment form. Educators will attempt to contact parent/guardians prior to consent and will contact the centre Director who will make every attempt to make contact with parent/guardian.
- ☐ I understand that a full risk assessment has been conducted for each excursion to ensure the safety and wellbeing of the children and educators, including activities that require public transport.
- ☐ I understand that the cost for excursions are additional to the daily fee and are payable before the excursion.
- ☐ I understand that my child will be transported to each excursion by centre bus driven by a Waranwarin educator, with an exception when public transport will be utilised. Children will be fully supervised at all times.

Parent/Guardian Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

\* Please complete additional sheets if more than two children.

## FREE PARENTING PROGRAM CIRCLE OF SECURITY

Every  
Monday  
for 4 weeks  
10.30 AM  
To 1.00 PM

Access to resources,  
information & who can  
support your family

Learn how to support your  
child's feelings of security  
which makes parenting  
more enjoyable

Learn to observe your  
child's cues  
to understand what  
your child really needs

Sharing strategies for  
helping caregivers  
become more  
attuned and responsive  
to their young children's  
emotional needs

For parents of children  
**0 - 12**  
years

starting  
**6<sup>th</sup> August 2018**  
ending  
**27<sup>th</sup> August 2018**

Limited Spaces. Childcare and transport available.  
Location: **Waranwarin Child & Family Centre**  
105 Townson Avenue, Minto NSW 2566  
For more information please contact us 02 9820 7447





# Tharawal Aboriginal Corporation Holiday Program



Tharawal Aboriginal Corporation are offering activities throughout the Winter holidays for families to attend.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<b>9<sup>th</sup> July 2018</b> <b>Community Event</b> Campbelltown NAIDOC  <b>Venue:</b> Campbelltown City Council Building then Street March to Bradbury Oval  <b>Time:</b> 9.30am - 3.00pm  Event organised by Campbelltown City Council Contact: 02 4645 4000	<b>10<sup>th</sup> July 2018</b> <b>Family Movie Day</b> Incredibles 2 <b>12yrs and under</b>  <b>Venue:</b> Dumaresq Street Cinema.  <b>Time:</b> 11.00am Movie snacks provided  <b>Parents required to attend</b>	<b>11<sup>th</sup> July 2018</b> <b>Community Event</b> NAIDOC Touch Football Competition  <b>Venue:</b> Benham Oval, Minto  <b>Time:</b> 9.30am Kick off  Event organised by Macquarie Fields LAC Contact: 02 9605 0499 <a href="mailto:chim1mel@police.nsw.gov.au">chim1mel@police.nsw.gov.au</a>	<b>12<sup>th</sup> July 2018</b> <b>Community Event</b> Tharawal's Family Fun Day  <b>Venue:</b> Kevin Wheatley Memorial Reserve Airds  <b>Time:</b> 10.00am - 2.00pm  Event organised by Tharawal Aboriginal Corporation Contact: 02 46284837	<b>13<sup>th</sup> July 2018</b> <b>Centre Closed</b>
<b>Week 2</b>	<b>16<sup>th</sup> July 2018</b> <b>Centre Closed</b>	<b>17<sup>th</sup> July 2018</b>	<b>18<sup>th</sup> July 2018</b> <b>Kids Cooking Day/Arts &amp; Crafts</b>  <b>12 yrs and under</b>  <b>Venue:</b> Waranwarin 105 Townson Ave, Minto  <b>Time:</b> 10.30am - 2.00pm Lunch provided  <b>Parents required to attend</b>	<b>19<sup>th</sup> July 2018</b>	<b>20<sup>th</sup> July 2018</b> <b>Kids NAIDOC Disco</b> <b>Theme: Black Yellow Red</b> <b>12 yrs and Under</b>  <b>Venue:</b> Waranwarin 105 Townson Ave, Minto  <b>Time:</b> 5.00pm - 6.30pm Disco snacks provided  <b>Parents required to attend</b>



Please contact **Waranwarin ACFC on 02 98207447** to register for any of the above activities.

There is no cost for most activities and refreshments will be provided. **\*Please note: If activities are all booked out you will go on a waiting list**

**If you are registered for an activity and are no longer able to attend, please contact Waranwarin prior to activity.**

Family Holiday Programs - Registration Form

Please circle an activity you would like to book in for

Movie Day / Cooking, Arts & Crafts Day / Kids NAIDOC Disco

**\*Please note: If activities are booked out you will go on a waiting list**

Parents/Care Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb/Town: \_\_\_\_\_ Post Code: \_\_\_\_\_

P: \_\_\_\_\_ M: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Please tick below options:**

Gender: ☐ Male ☐ Female

Nationality: ☐ Aboriginal ☐ Torres Strait Islander ☐ Aboriginal and Torres Strait Other ☐ Other

If other please state \_\_\_\_\_

Where is your mob from? \_\_\_\_\_

Children Full Name	Age	Male / Female	Medical Details	Allergies	Aboriginal or TSI

\* Please note: If your child has any action plans for any medical condition please provide appropriate documentation.

**Emergency Contact Details (Not Yourself)**

Name: \_\_\_\_\_ Relationship to Children: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Mobile: \_\_\_\_\_

**Media/Photo Consent:**

I .....do / do not give my permission for Tharawal Aboriginal Corporation Family Support Program to photograph my child / children, for promotional purposes. I am aware that some photos may be displayed onto the Tharawal Aboriginal Corporation webpage / Facebook/promotional brochures. I am aware that my children's information and details are kept confidential.

**Behavior and Risk Declaration:**

- Through Tharawal Aboriginal Corporations Family Support Program we support parents and carers to participate in all activities offered with their children.
- Parents and carers are required to take full responsibility of their children whilst attending the holiday program activities.
- All participants have the right to participate in a positive environment; bullying of any kind will not be tolerated.
- All participants will approach and adhere to the health, safety and well-being of all participants and staff.
- All participants must comply with procedures and instructions explained by Tharawal Aboriginal Corporation staff.
- I/we understand that Waranwarin Tharawal Child and Family Centre and its staff conducts risk assessments to minimize any risk of personal injury within practical boundaries, accidents do happen and all physical activities carry the risk of personal injury. I acknowledge and hereby waive release and hold harmless from any liability for damages or claims for personal injury, including accidental death, as well as for property damage which may arise in conjunction with the above activities against Tharawal Aboriginal Corporation, and its employees, assistants.

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_





Campbelltown Ghosts Baseball Club Inc  
PO Box 187 Macarthur Square  
NSW 2560  
campbelltownghostsbaseballclub@gmail.com



## TRY BASEBALL DAYS ARE COMING SOON !



Baseball is among the worlds' top ten & safest sports with more than 500 Million players around the world !

Campbelltown Ghosts Baseball Club is welcoming new players in all age groups for our 2018-2019 summer season !

You are warmly invited to attend our 2018 'TRY BASEBALL' days as follows -

SUNDAY 22 JULY BETWEEN 10AM AND 2PM

SUNDAY 29 JULY BETWEEN 10AM AND 2PM

SUNDAY 5 AUGUST BETWEEN 10AM AND 2PM

Our home is the Woodland Rd Baseball Complex, Cnr of Woodland & Karrabul Rds St Helens Park

We are family focused, inclusive & a not for profit sporting organisation.

Our game offers exciting individual & team experiences in one of the fastest growing and safest sports in Australia.

### Our Playing groups are -

- Aussie Tball - Boys & Girls from 4 to 6 years
- Tball - Boys & Girls from 6 to 8 years
- Little League Minor - Zooka - Boys & Girls from 8 to 11 years
- Little League Minor - Player Pitch - Boys & Girls 9 to 12 years
- Little League Major - Boys & Girls 9 to 12 years
- Continuing Junior age groupings to 17 years and then Seniors.
- Every one of our coaches have Working with Children Clearances & are accredited with Baseball NSW.
- If you would like to come & join us, please come along on one of these days & enjoy a free sausage sizzle and some information about one of the worlds' top ten safest sports
- For any more information please contact our President **GREG DEWICK** on 0411 022 511 or [ghostspresident@gmail.com](mailto:ghostspresident@gmail.com)



President: Greg Dewick [ghostspresident@gmail.com](mailto:ghostspresident@gmail.com)  
VPresident: Darren Nelson [ghostspresident1@gmail.com](mailto:ghostspresident1@gmail.com)  
Secretary: Jackie Keane [campbelltownghostssecretary@gmail.com](mailto:campbelltownghostssecretary@gmail.com)  
Treasurer: Cath McInnes [campbelltownghoststreasurer@gmail.com](mailto:campbelltownghoststreasurer@gmail.com)  
Registrar: Jen Bigwood [ghostsregistrar@gmail.com](mailto:ghostsregistrar@gmail.com)



Woodland Road Baseball Complex  
Cnr Karrabul & Woodland Roads  
St Helens Park NSW

# School Holidays!

9/07/18 - Ninja and Mixed Games

11/07/18 - Gymnastics and Soccer

12/07/18 - Boxing/Bootcamp and Games

16/07/18 - Gymnastics and Mixed Games

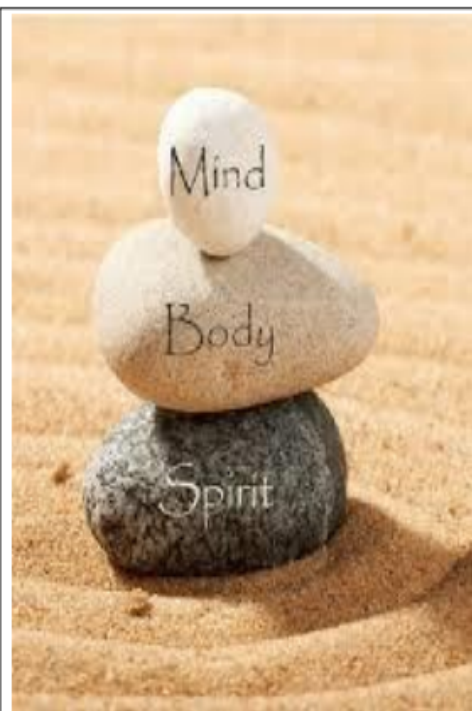
18/07/18 - Archery and Baseball (8Years+)

## \$30 For the Day!

Contact the club on 96038229 for more info!



## Meditation Relaxation & Self Care



***This group aims to provide a space for women to take time to connect with themselves.***

**Meditation** helps to develop a deeper understanding of the self, of our true nature. Connecting with ourselves can be healing, creating a sense of inner calm.

**Relaxation** offers the space to mindfully pay attention to each aspect of our physical self, gently releasing the tension and stress held in our bodies.

**Self-Care** is essential for wellbeing. Deliberately and mindfully treating ourselves with loving kindness strengthens our connection to self, building our confidence and self-esteem when out in the world.

**Where:** Centre for Women's, Children's and Family Health

Mary Windeyer Building  
288 Queen Street  
Campbelltown NSW 2560

**When:** Friday 27<sup>th</sup> July –  
Friday 28<sup>th</sup> September 2018 -  
(10 sessions)

**Time:** 10:am- 12:00am

**Cost:** FREE

**Limited Childcare is available-**

**Bookings are essential – make sure to register your interest at least 2 weeks prior to the start date!**

**benevolent** SOCIETY

To register your interest please call  
Intake on 1800 077 760





## Putting the Pieces Back Together

*This therapeutic support group explores the dynamics and tactics of domestic violence and helps women develop strategies to overcome the effects of violence and abuse on their lives and relationships.*

**Where:** Centre for Women's, Children's and Family Health  
Mary Windeyer Building  
288 Queen Street  
Campbelltown NSW 2560

**When:** Monday 20<sup>th</sup> August 2018-  
Monday 24<sup>th</sup> September 2018  
(6 Sessions)

**Time:** 10am to 12pm

**Cost:** FREE

Therapeutic childcare available  
Bookings are essential – make sure to register your interest at least 2 weeks prior to the start date!

To register your interest please call our Intake team on 1800 077 760

Like our Facebook page!  
<https://www.facebook.com/CNWCFFH>  
For updated information on events/ groups that run at our centre.



*Sound has been utilized in various cultures for thousands of years as a tool for healing. Sound helps to facilitate shifts in our brainwave state using specific notes, keys, sounds and intent by the musician. The harmonic vibrations have a deep penetrating effect on the receiver, promoting healing and well-being.*

This is guided meditation experience with sound.

**Where:** Centre for Women's, Children's and Family Health

Mary Windeyer Building  
288 Queen Street  
Campbelltown NSW 2560

**When:** Monday 6<sup>th</sup> August

**Time:** 10am – 12pm

**Cost:** FREE

*Bookings are essential  
Childcare is limited.*

*To Register your interest  
please call intake on  
1800 077 760  
(bookings close 2 weeks before  
the start date)*

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*Yoga is the union of mind, body and breath. In class we will explore and practice a wide range of gentle yoga poses, work with the breath and participate in deep relaxation. If you can breathe you can do yoga...and all yoga poses are adaptable to honour your body. This class will suit all women wishing to try or return to this beautiful practice. See you on the mat. Namaste!*

**Where:** Centre for Women's, Children's and Family Health  
Mary Windeyer Building  
288 Queen Street  
Campbelltown NSW 2560

**When:** Wednesday 25<sup>th</sup> July 2018-  
Wednesday 26<sup>th</sup>  
September 2018  
(10 sessions)

**Time:** 10am – 12pm

**Cost:** FREE

*Bookings are essential  
Childcare is limited.*

*To Register your interest  
please call intake on  
1800 077 760  
(bookings close 2 weeks before  
the start date)*

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## Embrace: A body image group

A workshop for women to come together and reflect on their relationship with their body, inviting a space for women to embrace themselves.

*"It's OK to love your body the way it is."*

Demi Lovato

*"I don't have perfect teeth, I'm not stick thin. I want to be the person that feels great in her body and doesn't want to change it."*

Emma Watson

Please join us to explore the following:

- Reflections on your relationship with yourself and your body
  - Social messaging, media & the role of gender
  - Family influence on body image
  - Body Talk

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Where: Mary Windeyer Building  
288 Queen St  
Campbelltown NSW 2560

When: Thursday, 27<sup>th</sup> September  
2018 – (1 off workshop)

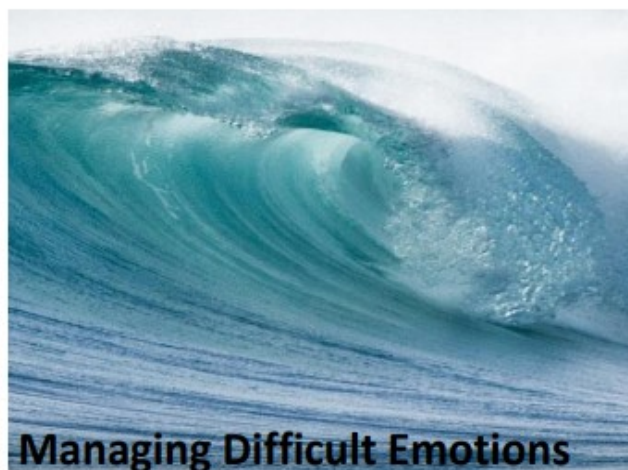
Time: 10am – 12pm

Cost: FREE

Limited Childcare is available-

Bookings are essential – make sure to register your interest at least 2 weeks prior to the start date!

To register your interest please call  
Intake on 1800 077 760



## Managing Difficult Emotions

Are you interested in developing a better relationship with your emotions?

This 8 week group will look at developing:

**Creative and Practical strategies to deal with strong or overwhelming emotions such as:**

- Grief, Anger, Frustration, Sadness, Fear, anxiety



**Creative and practical strategies for increasing:**

- Self esteem, Feelings of self worth, Self confidence, Assertiveness, Happiness



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Where: Centre for Women's  
Children's and Family

Mary Windeyer Building  
288 Queen Street  
Campbelltown NSW 2560

When: 24<sup>th</sup> July – 11<sup>th</sup> September (8  
Tuesdays)

Time: 10 am -12 PM

Cost: Free

Limited Child care is available

Bookings are essential – make sure to register your interest at least 2 weeks prior to the start date!

To Register your interest Please call  
Intake on 1800 077 760



## Identifying Your True Self

A free group that explores women's identity through a guided exploration of various elements of individuals. Using creative materials participants express influences in their life and how this has informed their identity, while considering how they want this to develop in the future.

The program is run over 8 weekly, 2 hour sessions in small, supportive groups

Topics include:

- your grounding influences
- your higher self
- your supports and strengths
- your feminine and masculine self,
- the person you present to the world.

Ultimately each individual will create an identity box that can be taken home

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Where: The Benevolent Society  
Centre for Women's,  
Children's and Family  
Health  
Mary Windeyer Building  
288 Queen Street

When: Campbelltown NSW 2560

Time: Thursdays 26<sup>th</sup> July  
– 13<sup>th</sup> September  
2018 (8 sessions)

Cost: FREE

Childcare: FREE CHILD MINDING

Registrations close Thursday  
12<sup>th</sup> July 2018. To register  
please call  
Intake 1800 077 760